



Are you Sleep Deprived?

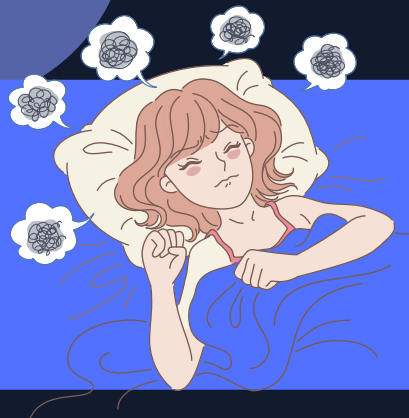
Do you...

Fall asleep at any given opportunity?



Do you...

Struggle to get out of bed in the morning?



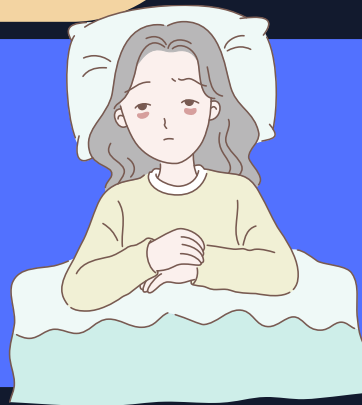
Do you...

Frequently need an alarm clock to wake you up?



Do you..

Still feel tired most mornings when you wake up?



If you said yes to 2 or more of these questions..

You may be sleep deprived.

For assistance, scan the QR to land on the OTC Counseling Services page

