

“Don't walk in front of  
me; I may not follow.  
Don't walk behind me;  
I may not lead.  
Just walk beside me  
and be my friend.”

— ALBERT CAMUS

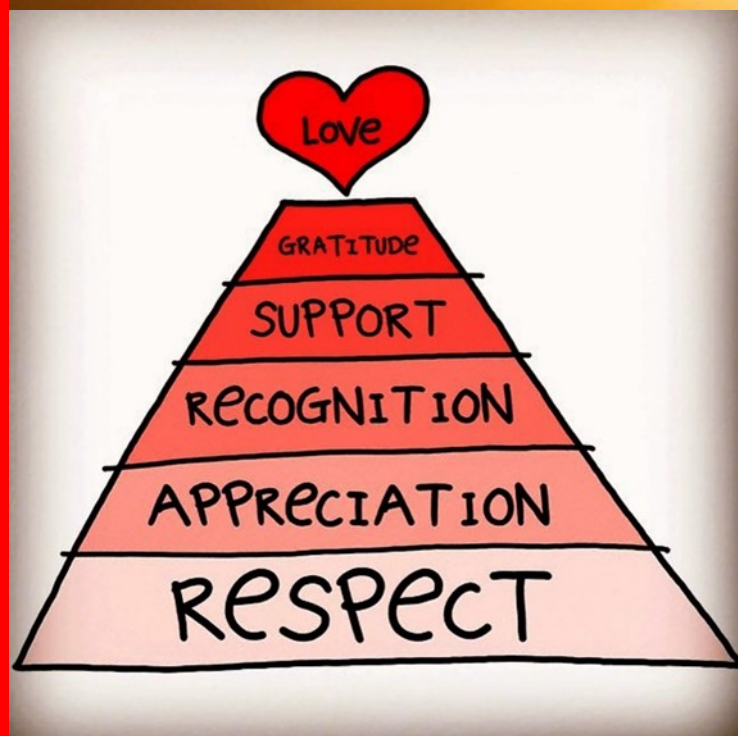
HAPPILY IMPERFECT | PSYCH CENTRAL



“A healthy relationship  
will never require you  
to sacrifice your  
friends, your dreams,  
or your dignity.”

(Mandy Hale)

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healthy  
relationship building  
STARTS WITH BEING THE  
**most powerful**  
VERSION OF YOURSELF