



## Southwest Missouri

### Mission Statement

Our mission is a total commitment to improving the lives of people affected by mental illness, both persons with these brain disorders and their families.

This includes providing needed programs, information, services, support and referrals. Also using education, community outreach and advocacy to:

- Eradicate stigma and discrimination
- Promote equal rights and greater research funding
- Increase knowledge and understanding of mental illness

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### Services

- Support Groups for Consumers and Family Members
- In Our Own Voice: Living with Mental Illness  
*A no-cost recovery education presentation given by trained consumer presenters for other consumers, family members, friends, professionals and lay audiences*
- Breaking the Silence in Our Schools  
*A no-cost recovery education presentation given by trained consumer presenters for both junior high and high school students in grades 7 through 12*
- Warm Line  
*A phone line that provides peer support, friendship, assistance and understanding for people with mental illness*
- Hope Center  
*A drop-in center that provides support groups, advocacy, support staff for finding resources, library, education classes, computer lab, laundry facilities and a warm friendly atmosphere to relax in, all at no cost*



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This book is not intended to give medical or psychiatric advice  
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## 24 Hour Crisis Hotlines

**Clark Center** (Barry, Lawrence & Dade Cos.) 800-801-4405  
**Emergency** 911  
**Family Violence & Victim Centers' Hotline** 864-SAFE (7233)  
**Mental Health Crisis Assist Team, Adult** 862-6555  
 (Christian, Dallas, Greene, Polk, Toll Free 800-494-7355  
 Stone, Taney & Webster Cos.)  
**Missouri Poison Control** 800-366-8888  
**Ozark Center Crisis Line** (Barton, Jasper, 800-247-0661  
 Newton & McDonald Cos.)  
**Pathways CBH, Inc.** (Bates, Vernon, Henry, 800-833-3915  
 St. Clair, Benton, Cedar, Hickory Cos.)  
**Suicide Hotline** 800-273-8255

## Toll Free Numbers

**AIDs Antibody Testing and Counseling**  
 (Center for Disease Control) 800-342-AIDS (2437)  
**Alcoholics Anonymous, Al-anon, Alateen** 800-ALCOHOL (252-6465)  
**Alzheimer's Support Group** 800-272-3900  
**American Cancer Society** 800-ACS-2345  
**American Kidney Fund** 800-638-8299  
**Arthritis Consulting Services** 800-327-3027  
**Attorney General – Missouri** 800-392-8222  
**Boys & Girls Town** 800-448-3000  
**Cancer Information Center** 800-422-6237  
**Child Abuse/Neglect** 800-392-3738  
**Child Find** 800-I AM LOST (426-5678)  
**Cocaine Helpline** 800-787-7505  
**Consumer Fraud Hotline** (Attorney General) 800-392-8222  
**Cox Air Care** (outlying counties only) 800-333-5269  
 (greater Springfield area) 417-269-3773  
**Dental Referral Service** 800-917-6453  
**Division of Family Services** 800-392-1261  
**Downs Syndrome Society** 800-221-4602  
**Drug Abuse** 800-787-7505  
**Elderly Abuse and Neglect** 800-392-0210  
 (Division of Aging)  
**Federal Information Center** 800-688-9889

## Toll Free Numbers (con't)

**Federal Tax Information** 800-829-1040  
**Financial Planning Association** 800-282-7526  
**Hearing Aid Information** 800-521-5247  
**Highway Patrol (emergency)** 800-525-5555  
**MADD Hotline** 800-736-6233  
**Medicaid Services** 800-392-2161  
**Medicare** 800-MEDICARE (633-4227)  
**Missouri Career Information Hotline** 800-392-2949  
**Missouri Child Abuse and Neglect Hotline** 800-392-3738  
**Missouri Council of the Blind** 800-342-5632  
**Missouri Public Services Commission** 800-392-4211  
 (Utility Complaints)  
**NAMI Help Line—Info only** 800-950-6264  
**NAMI SW MO** 877-535-4357  
**National Association of Personal Financial Advisors** 888-333-6659  
**National Center for Stuttering** 800-221-2483  
**National Epilepsy Foundation** 800-264-6970  
**National Eye Care Project** 800-222-3937  
**National Institute of Literacy** 800-228-8813  
**National Parkinson Foundation** 800-327-4545  
**Poison Control** 800-392-9111 or 800-366-8888  
**Runaway Switchboard** 800-RUNAWAY (786-2929)  
**St. John's Life Line** 800-433-5433  
**Shriner's Hospital** 800-237-5055  
**SIDS (Sudden Infant Death Syndrome)** 800-421-3511  
**Social Security Information & Income** 800-772-1213  
**Spina Bifida Information** 800-621-3141  
**Stop Smoking** 800-4-CANCER (422-6237)  
**Suicide/Abuse Crisis Line** 800-999-9999  
**Suicide Information** 888-333-2377  
**Supplemental Security Income** 800-772-1213  
**U.S. Department of Health & Human Services Web Site** www.dhhs.gov  
**U.S. Department of Housing & Urban Development** 800-767-7468  
**Veterans Administration** 800-827-1000

## Mental Health Resources

### Springfield Area:

|                                                                   |              |
|-------------------------------------------------------------------|--------------|
| <b>ACSU (Adult Crisis Stabilization Unit)</b>                     | 269-0410     |
| <b>Burrell Behavioral Health</b>                                  | 269-5400     |
| <i>Mental Health, Family Counseling,<br/>Psychiatric Services</i> |              |
| <b>Burrell Behavioral Health Transitions</b>                      | 269-7300     |
| <i>Adult Case Management</i>                                      |              |
| <b>Mental Health Crisis Assist Team, Adult</b>                    | 862-6555     |
| <b>NAMI SW MO Hope Center</b>                                     | 864-7119     |
| Warm Line                                                         | 864-3027     |
| Warm Line Toll Free                                               | 877-535-4357 |

**St. John's Behavioral Health Evaluation Center** 820-7447  
Out of Area 866-785-7447

**Victim Center, The** 863-7273  
*Provides assistance to victims of violent and sex  
crimes, advocacy, counseling and hotline*

### Southwest Missouri:

|                                                                                   |                             |
|-----------------------------------------------------------------------------------|-----------------------------|
| <b>Aurora</b>                                                                     |                             |
| Clark Center                                                                      | 417-678-0403                |
| <b>Bolivar</b>                                                                    |                             |
| Burrell Behavioral Health                                                         | 866-801-2548                |
| Springfield Number                                                                | 269-2440                    |
| Citizens Memorial Healthcare                                                      | 417-326-6000                |
| <b>Branson</b>                                                                    |                             |
| Burrell Behavioral Health                                                         | 417-334-7575                |
| Springfield Number                                                                | 269-2476                    |
| <b>Butler</b>                                                                     |                             |
| Pathways CBH, Inc.                                                                | 660-679-4636                |
| <b>Carthage</b>                                                                   |                             |
| Ozark Center                                                                      | 417-358-7728                |
| <b>Cassville</b>                                                                  |                             |
| Clark Center                                                                      | 417-846-1935                |
| <b>Clinton</b>                                                                    |                             |
| Pathways CBH, Inc.                                                                | 660-885-8131                |
| <b>El Dorado Springs</b>                                                          |                             |
| Pathways CBH, Inc.                                                                | 417-876-5314                |
| <b>Southwest MO Psychiatric Rehabilitation Center</b> (state facility/acute care) | 417-876-1000                |
| <b>Greenfield</b>                                                                 |                             |
| Clark Center                                                                      | 417-637-5971                |
| <b>Joplin</b>                                                                     |                             |
| Ozark Center                                                                      | 417-781-7420                |
| <b>Marshfield</b>                                                                 |                             |
| Burrell Behavioral Health                                                         | 417-859-2894                |
| Cox Medical                                                                       | Springfield Number 269-1940 |

## Mental Health Resources (con't)

|                           |              |
|---------------------------|--------------|
| <b>Monett</b>             |              |
| Burrell Behavioral Health | 417-354-1426 |
| <b>Neosho</b>             |              |
| Ozark Center              | 417-451-1122 |
| <b>Warsaw</b>             |              |
| Pathways CBH, Inc.        | 660-428-1280 |

## Substance Abuse Resources

### Springfield Area:

|                                                                                                           |          |
|-----------------------------------------------------------------------------------------------------------|----------|
| <b>Al-Anon, Alateen</b>                                                                                   | 885-9114 |
| <b>Alcoholics Anonymous</b>                                                                               | 823-7125 |
| <b>Carol Jones Recovery Center for Women</b>                                                              | 862-3455 |
| <i>CSTAR Alcohol and Chemical Abuse</i>                                                                   |          |
| <b>Center for Addictions</b>                                                                              | 269-2273 |
| <i>Cox Health Systems</i>                                                                                 |          |
| <b>Narcotics Anonymous</b>                                                                                | 866-7392 |
| <b>Sigma House</b>                                                                                        | 862-3339 |
| <i>Provides programs for alcohol or drug abusers<br/>to restore physical, mental and spiritual health</i> |          |

### Southwest Missouri:

|                                                      |              |
|------------------------------------------------------|--------------|
| <b>Aurora</b>                                        |              |
| Clark Center                                         | 417-678-0403 |
| <b>Branson</b>                                       |              |
| Sigma House (Larry Simmering Recovery Ctr.)          | 417-335-5946 |
| <b>Butler</b>                                        |              |
| Pathways CBH, Inc.                                   | 660-679-4636 |
| <b>Carthage</b>                                      |              |
| Ozark Center                                         | 417-358-7728 |
| <b>Cassville</b>                                     |              |
| Clark Center                                         | 417-846-1935 |
| Lafayette House (Joplin)                             | 800-416-1772 |
| <i>Women's substance abuse &amp; trauma services</i> |              |
| <b>Clinton</b>                                       |              |
| Pathways CBH, Inc.                                   | 660-885-8131 |
| <b>El Dorado Springs</b>                             |              |
| Pathways CBH, Inc.                                   | 417-876-5314 |
| <b>Greenfield</b>                                    |              |
| Clark Center                                         | 417-637-5971 |
| <b>Joplin</b>                                        |              |
| Lafayette House                                      | 800-416-1772 |
| <i>Women's substance abuse &amp; trauma services</i> |              |
| Ozark Center                                         | 417-781-7420 |

| Substance Abuse Resources (con't)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Children's Services (con't)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| <p><b>Marshfield</b><br/>Burrell Behavioral Health 417-859-2894<br/>Cox Medical Springfield Number 269-1940</p> <p><b>Pineville</b><br/>Lafayette House (Joplin) 800-416-1772<br/><i>Women's substance abuse</i></p> <p><b>Warsaw</b><br/>Pathways CBH, Inc. 660-428-1280</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <p><b>Child Care Resources and Referral</b> 887-3545<br/><i>Assists parents in search of quality child care with information and referrals and technical support and training for child care providers</i><br/>Web: <a href="http://www.ccozarks.org">http://www.ccozarks.org</a> Fax 823-9459</p> <p><b>Court Appointed Special Advocates (CASA)</b> 875-7413<br/>3800 S National, Spfld Fax 875-7412<br/><i>Volunteers advocate for abused and neglected children in Greene County</i></p> <p><b>Developmental Center of the Ozarks</b> 831-1545<br/>1545 E Pythian, Spfld Fax 865-7603<br/><i>Offers services for children and adults with developmental disabilities, including child daycare, senior daycare and community integration for disabled</i></p> <p><b>Disability Advocacy and Support Network</b> 895-7468<br/>1515 E Pythian, Spfld Fax 895-7412<br/><i>Emotional support and therapeutic social outlet for parents of children with disabilities and educates parents in the coping alternatives available to them</i></p> <p><b>Division of Special Education</b> 573-751-0699<br/><i>Monitors special education services provided by local public schools to children with qualifying disabilities including mental illness</i> Fax 573-526-5946</p> <p><b>Division of Youth Services</b> 895-6485<br/>1735 W Catalpa, Suite B, Spfld Fax 895-6633<br/><i>Rehabilitates youthful offenders committed by juvenile courts; brief family therapy</i></p> <p><b>Fair Haven Children's Home</b> 862-6675<br/>3132 N Fair Haven, Spfld Fax 862-0993<br/><i>Provides home for abused, neglected, emotionally disturbed or dependent children</i></p> <p><b>Family Bridges</b> 863-1605<br/>309 N Jefferson, Suite 163, Spfld after hours 872-9594<br/><i>Family-run support and advocacy toll free 877-963-6900 group for families affected by children with social, emotional or behavioral disorders</i></p> <p><b>Forest Institute and Parenting Place</b> 865-8943<br/>1322 S Campbell, Spfld Fax 831-6839<br/><i>Support groups including divorce support for children 7-11</i></p> <p><b>Good Samaritan Boy's Ranch</b> 376-2238<br/>5549 N Hwy 13, Brighton Fax 376-2014<br/><i>Provides a home-like setting for boys who are wards of the Juvenile Court</i></p> <p><b>Greene County Juvenile Justice Center</b> 868-4008<br/><i>Provides juvenile detention and shelter care</i> Fax 868-4119</p> <p><b>Greene Valley State School for the Severely Handicapped</b> 895-6848<br/>1601 E Pythian Area Office 895-6850<br/><i>Offers services for the severely handicapped</i></p> |
| Children and Adolescent Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <p><b>Arc of the Ozarks</b> 864-7887<br/>1501E Pythian, Spfld Fax 864-4307<br/><i>Saturday recreation and summer camp, transition life planning</i></p> <p><b>Autism Project Access</b> 836-6755<br/>901 S National, Spfld Fax 836-4118<br/><i>Educates teachers and parents about autism and Aspergers syndrome</i></p> <p><b>Big Brothers Big Sisters of the Ozarks</b> 889-9136<br/>3372 W Battlefield Rd, Spfld<br/><i>Provides adult volunteers to act as role models for at-risk school-aged children from single parent families</i></p> <p><b>Birthright</b> 865-3430<br/>305 E Walnut, Spfld<br/><i>Helps women with pregnancy dilemmas</i></p> <p><b>Boys and Girls Clubs of Springfield</b> 862-9249<br/>1300 N Boonville, Spfld Fax 862-4952<br/><i>Provides health, education and social recreation</i></p> <p><b>Boys and Girls Town of Missouri</b> 865-1646<br/>1212 W Lombard, Spfld<br/><i>Residential treatment center for children 5-17 with emotional and behavioral problems</i></p> <p><b>Breaking Point Foundation</b> 866-1188<br/><i>Provides crisis intervention for young adults with emotional or substance abuse problems; provides family violence intervention/prevention programs</i></p> <p><b>Burrell Center for Children and Adolescents</b> 269-0230<br/>1300 Bradford Parkway, Spfld</p> <p><b>Champion Athletes of the Ozarks</b> 890-1599<br/>3433 S Campbell, Spfld Fax 890-1613<br/><i>Helps parents find resources for disabled</i></p> <p><b>Child Abuse/Neglect Hotline</b> 800-392-3738<br/><i>For abused and neglected children under 17</i></p> <p><b>Child Advocacy Center</b> 831-2327<br/>1033 E Walnut, Spfld Fax 831-5122<br/><i>Facilitates investigations of child sexual abuse</i></p> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |

## Children's Services (con't):

|                                                                                                                                                                        |                                      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| <b>Head Start</b><br>215 S Barnes, Spfld<br>Pre-school program for four-year-olds from low income families                                                             | 864-3430                             |
| <b>Isabel's House</b><br>2750 W Bennett<br>Crisis Nursery for children 12 and under                                                                                    | 865-2273                             |
| <b>Job Corps</b><br>1824 S Stewart, Spfld<br>Vocational, academic and social skills training for disadvantaged youth ages 16-24                                        | 887-8130<br>Fax 887-8143             |
| <b>Journey Home</b><br>Free counseling for homeless with children                                                                                                      | 269-0431                             |
| <b>KLASS Kids Learning About Social Skill</b><br>Burrell Center                                                                                                        | 269-5400                             |
| <b>Lakeland Regional Hospital</b><br>440 S Market, Spfld<br>A psychiatric facility for children and youth                                                              | 865-5581<br>800-432-1210             |
| <b>Learning Disabilities Association</b><br>Promotes education and general welfare of children who have learning and/or behavior and attention deficits                | 882-2008                             |
| <b>Lost &amp; Found, A Place for Hope Through Grieving</b><br>1006 Cedarbrook, Spfld<br>Grief support services for children 3-18                                       | 865-9998                             |
| <b>Missouri Division of Child Support Enforcement</b><br>Assists parents in getting child support payments; locator services for parents whose whereabouts are unknown | 895-6338                             |
| <b>MPACT</b><br>Parent training and information center for special needs children including mental illness                                                             | 877-588-5644<br>Fax 816-531-4777     |
| <b>Parent Link</b><br>1205 University Ave, Spfld<br>Helping Missouri's parents provide safe, healthy and nurturing environments for their children                     | 800-552-8522<br>Spanish 888-460-0008 |
| <b>Rare Breed Youth Outreach Center</b><br>215 S Campbell, Spfld<br>Drop-in center and transitional living for youth ages 16-21                                        | 865-6400                             |
| <b>Regional Girls Shelter</b><br>2740 E Pythian Spfld<br>Residential treatment center for girls 12-21                                                                  | 862-9634<br>Fax 865-6507             |
| <b>St. John's Child Adolescent Psychiatry</b><br>1965 S Freemont, Spfld<br>Outpatient                                                                                  | 820-3128                             |

## Children's Services (con't):

|                                                                                                                                                                                                             |                                               |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------|
| <b>Springfield Regional Center for Developmental Disabilities</b><br>1515 E Pythian, Spfld<br>Serves individuals with developmental disabilities as part of MRDD                                            | 895-7400<br>Fax 895-7412                      |
| <b>Teen Challenge</b><br>3728 W Chestnut, Spfld<br>A 12-month residential discipleship program for girls 17-up struggling with life-controlling problems (drugs, alcohol, eating disorders, etc.)           | 862-6969                                      |
| <b>Underprivileged School Children's Fund</b><br>Provides clothing, shoes, glasses, school supplies and medical services to underprivileged school children                                                 | 523-0081                                      |
| <b>Victim Center, The</b><br>819 N Boonville, Spfld<br>Aid to victims of violent and sexual crime; crisis support and counseling; court advocacy                                                            | 863-7273<br>Fax 863-9048<br>Hot Line 864-7233 |
| <b>WIC (Women, Infant &amp; Children's) Program</b><br>Provides nutrition, education and supplemental food packages to pregnant and breast feeding women and children under 5 years old who meet guidelines | 864-1080                                      |

## Senior Adult Services

### Senior Citizens' Centers

|                                                                          |              |
|--------------------------------------------------------------------------|--------------|
| <b>Branson Senior Center</b><br>201 Compton Dr., Branson                 | 417-335-4801 |
| <b>Nixa Senior Center</b><br>404 S. Main St., Nixa                       | 725-2322     |
| <b>Northview Senior Center</b><br>301 E. Talmage, Spfld.                 | 864-8606     |
| <b>Ozark Senior Center</b><br>729 N. 9th St., Ozark                      | 417-581-2538 |
| <b>Polk County Senior Center</b><br>1800 W. Broadway, Bolivar            | 417-326-5570 |
| <b>Republic Senior Friendship Center</b><br>210 E. Hines St., Republic   | 732-7672     |
| <b>South Side Senior Center</b><br>2215 S Fremont Ave., Spfld.           | 890-1313     |
| <b>Stillwell Satellite Senior Center</b><br>525 S. Campbell Ave., Spfld. | 862-4371     |

### Other Services

|                                |          |
|--------------------------------|----------|
| <b>Alzheimer's Association</b> | 886-2199 |
|--------------------------------|----------|

| Senior Services (con't):                                                                                                                 |           |              | Psychiatrists (con't):                                |           |              |
|------------------------------------------------------------------------------------------------------------------------------------------|-----------|--------------|-------------------------------------------------------|-----------|--------------|
| <b>Council of Churches of the Ozarks</b>                                                                                                 |           | 862-3586     | <b>Citizens Memorial Healthcare</b>                   |           | 417-326-6000 |
| <i>627 N Glenstone, Spfld</i>                                                                                                            |           |              | <i>1500 N. Oakland, Bolivar</i>                       |           |              |
| <b>Cox Medical Centers</b>                                                                                                               |           |              | <b>Doctors Hospital of Springfield</b>                |           | 837-4000     |
| Senior Health Center North                                                                                                               |           | 269-3915     | <i>2828 N National Ave., Spfld.</i>                   |           |              |
| <i>1423 N National, Spfld</i>                                                                                                            |           |              | <b>Houk, Barbara MD</b>                               |           | 887-7084     |
| Senior Health Center South                                                                                                               |           | 269-9220     | <i>Dissociative Identity Disorder</i>                 |           |              |
| <i>3535 S National, Spfld</i>                                                                                                            |           |              | <i>2200 E Sunshine, Suite 330, Spfld.</i>             |           |              |
| Senior Advantage                                                                                                                         |           | 269-3616     | <b>Lakeland Regional Hospital</b>                     |           | 865-5581     |
| <i>3535 S National, Spfld</i>                                                                                                            |           |              | <i>Children &amp; Adolescents</i>                     | Toll Free | 800-432-1210 |
| <b>Division of Senior &amp; Disability Services</b>                                                                                      |           | 895-6433     | <i>440 S Market Ave, Spfld</i>                        |           |              |
| <i>Helps to improve the quality of life and assure the personal dignity of Missouri's older adults</i>                                   |           |              | <b>Mendez, Maria Aracelli MD</b>                      |           | 881-8375     |
| <b>Elder Abuse and Neglect Hotline</b>                                                                                                   |           | 800-392-0210 | <i>1331 N. Stewart Ave., Spfld.</i>                   |           |              |
| <i>If you suspect elder abuse or are concerned about the well-being or safety of an older person</i>                                     |           |              | <b>Pettipiece, Clayton MD</b>                         |           | 881-1580     |
| <b>Eldercare Information and Services</b>                                                                                                |           | 800-677-1116 | <i>Spfld., No Medicaid</i>                            |           |              |
| <b>Locator</b>                                                                                                                           |           |              | <b>St. John's Behavioral Health Evaluation Center</b> |           | 820-7447     |
| <i>Provides information on senior services throughout the area</i>                                                                       |           |              | <b>St. John's Psychiatry—Fremont</b>                  |           | 820-8180     |
| <b>Elder Care Transit Service</b>                                                                                                        |           | 882-4243     | <i>1965 S Fremont, Spfld.</i>                         |           |              |
| <i>Provides non-emergency medical transportation for the elderly and disabled</i>                                                        |           |              | <b>Simpson, Floyd DO</b>                              |           | 866-4949     |
| <b>Foster Grandparent Program</b>                                                                                                        |           | 864-3420     | <i>305 E. Walnut, Spfld.</i>                          |           |              |
| <i>National Service Program that provides older Americans the opportunity to work with children</i>                                      |           |              | <b>Wang, Colby MD</b>                                 |           | 886-6067     |
| <b>HELP (Helping Elderly Live Productively)</b>                                                                                          |           | 882-4243     | <i>636 W. Republic Rd, Suite B112, Spfld.</i>         |           |              |
| <i>Loans out medical equipment; canes, crutches, etc.</i>                                                                                |           |              | <i>www.cwangmd.com</i>                                |           |              |
| <b>Meals on Wheels</b>                                                                                                                   | Cox North | 269-3496     | <b>Warren, Julie MD</b>                               |           | 881-6533     |
| <i>Provides congregate and home</i>                                                                                                      |           |              | <i>Adults</i>                                         |           |              |
| <i>-delivered meal services to people in need</i>                                                                                        |           |              | <i>1911 S. National, Spfld</i>                        |           |              |
| <b>OATS, Inc. (Older Adults Transportation Service)</b>                                                                                  | Cox South | 269-4696     |                                                       |           |              |
| <b>RSVP (Retired and Senior Volunteer Program)</b>                                                                                       |           | 887-9272     |                                                       |           |              |
| <i>National service program that provides older Americans the opportunity to apply their life experiences to meeting community needs</i> |           |              |                                                       |           |              |
| <b>Southwest Missouri Office on Aging</b>                                                                                                |           | 800-497-0822 |                                                       |           |              |
| <i>Provides information on available services for senior citizens</i>                                                                    |           | 862-0762     |                                                       |           |              |
| Psychiatrists                                                                                                                            |           |              | Counseling Services                                   |           |              |
| <b>Bright, James MD</b>                                                                                                                  |           | 882-9002     | <b>Alcohol-Drug Consultants</b>                       |           | 889-3658     |
| <i>1736 E. Sunshine, Suite 400, Spfld.</i>                                                                                               |           |              | <i>1736 E Sunshine, Spfld</i>                         |           |              |
| <b>Burrell Behavioral Health</b>                                                                                                         |           | 269-5400     | <b>Alternatives Counseling Service</b>                |           | 883-7227     |
| <i>1300 Bradford Pkwy, Spfld.</i>                                                                                                        |           |              | <i>5337-F A Campbell, Spfld</i>                       |           |              |
|                                                                                                                                          |           |              | <b>Barceda Families</b>                               |           | 417-777-2648 |
|                                                                                                                                          |           |              | <i>106 E Jackson, Bolivar</i>                         |           |              |
|                                                                                                                                          |           |              | <b>Besuda Psychological Center, LLC</b>               |           | 581-0077     |
|                                                                                                                                          |           |              | <i>445 E South St, Ozark</i>                          |           |              |
|                                                                                                                                          |           |              | <b>Burrell Behavioral Health</b>                      |           | 269-5400     |
|                                                                                                                                          |           |              | <i>1300 Bradford Parkway, Spfld</i>                   |           |              |
|                                                                                                                                          |           |              | <b>Carrell Counseling PC</b>                          |           | 890-8300     |
|                                                                                                                                          |           |              | <i>1342 E Kingsley St, Spfld</i>                      |           |              |
|                                                                                                                                          |           |              | <b>CC Counseling Service</b>                          |           | 725-8810     |
|                                                                                                                                          |           |              | <i>380 E Highway CC, Suite A 105, Nixa</i>            |           |              |
|                                                                                                                                          |           |              | <b>Center City Counseling/MSU Practicum Clinic</b>    |           | 895-5957     |
|                                                                                                                                          |           |              | <i>Great Southern Bank Bldg on South Ave, Spfld</i>   |           |              |
|                                                                                                                                          |           |              | <i>430 South Ave, Room 208, Spfld</i>                 | workroom  | 895-5956     |

| Counseling Services (con't):                                                                                     |              | Counseling Services (con't):                                                                                        |                      |
|------------------------------------------------------------------------------------------------------------------|--------------|---------------------------------------------------------------------------------------------------------------------|----------------------|
| <b>Center for Self Control</b><br><i>1736 E Sunshine, Ste 309, Spfld</i>                                         | 882-9734     | <b>Neuropsychological Associates of SW MO</b><br><i>4350 S National, Ste B116, Spfld</i>                            | 881-1810             |
| <b>Christian Associates Harbor Lights</b><br><i>13192 State Highway 13, Kimberling City</i>                      | 739-3200     | <b>Neuropsychology Resources</b><br><i>1829 S Kentwood Ave, Spfld</i>                                               | 877-0900             |
| <b>Counseling Associates of Springfield</b><br><i>1722 S Glenstone, Suite H, Spfld</i>                           | 881-9518     | <b>Nixa Counseling Center</b><br><i>214 S Village Center, Nixa</i>                                                  | 725-8922             |
| <b>Counseling Solutions</b><br><i>1531 E Sunshine, Spfld</i><br><i>Anger, Grief, Depression, Gifted, Divorce</i> | 887-9950     | <b>Our House Foundation</b><br><i>3039-B S Fort, Spfld</i>                                                          | 889-7452             |
| <b>Darrow Psychological Services</b><br><i>1525 W Sunshine St, Suite D, Spfld</i>                                | 890-0066     | <b>Ozark Counseling Center</b><br><i>1550 E Battlefield, Suite A, Spfld</i>                                         | 869-9011             |
| <b>Duncan Brown &amp; Associates</b><br><i>604 S Pickwick, Spfld</i>                                             | 831-7999     | <b>Ozark Psychological Associates</b><br><i>1736 E Sunshine, Spfld</i>                                              | 882-4485             |
| <b>Eaglecrest Counseling Center</b><br><i>1111 S Glenstone, Spfld</i>                                            | 862-8282     | <b>PommeDeTerre Wellness Clinic</b><br><i>714 N PommeDeTerre Rd, Bolivar</i>                                        | 417-326-7272         |
| <b>Family Institute of the Ozarks</b><br><i>315-A S Main, Bolivar</i>                                            | 417-326-2902 | <b>Psychology Services &amp; Home Based Residential</b><br><i>2117 S Stewart Ave, Spfld</i>                         | 885-0027             |
| <b>Family Therapy Center</b><br><i>1736 E Sunshine, Spfld</i>                                                    | 887-1411     | <b>Recovery Outreach Services</b><br><i>1925 E Bennett, Suite L, Spfld</i>                                          | 823-9691             |
| <b>Family Violence Center</b><br><i>519 E Cherry, Spfld</i>                                                      | 837-7700     | <b>Safe Harbor Counseling Center</b><br><i>2032 E Kearney, Suite 214, Spfld</i>                                     | 833-8300             |
| <b>Forest Institute Murney Clinic</b><br><i>1322 S Campbell, Spfld</i>                                           | 865-8943     | <b>Sharol L McGehee &amp; Associates</b><br><i>2200 E Sunshine #302, Spfld</i>                                      | 877-0303             |
| <b>Healthcare Empowerment</b><br><i>4508 Aladdin Court, Spfld</i>                                                | 862-8010     | <b>St John's Clinic, Behavioral Health Care, Lark Street — First Time Appointments</b><br><i>1312 E Lark, Spfld</i> | 820-3707<br>820-6234 |
| <b>Healthy Family Center, The</b><br><i>3245 S Kansas Ave, Spfld</i>                                             | 877-9292     | <b>St John's Clinic, Psychology Medical Gardens</b><br><i>2030 S National, Spfld</i>                                | 820-9590             |
| <b>Jordan Valley Community Health Center</b><br><i>630 W Kearney, Spfld</i>                                      | 831-0150     | <b>St John's Neuropsychology &amp; Rehabilitation</b><br><i>1235 E Cherokee, Spfld</i>                              | 820-7708             |
| <b>Kitchen, The</b><br><i>1630 N Jefferson, Spfld</i>                                                            | 837-1500     | <b>Springfield Counseling Services</b><br><i>1740 S Glenstone Ave, Suite E, Spfld</i>                               | 889-9267             |
| <b>Legacy Counseling, LLC</b><br><i>309 N Jefferson, Spfld</i>                                                   | 818-6006     | <b>Springfield Marriage &amp; Family</b><br><i>3734 South Ave, Suite C, Spfld</i>                                   | 882-6767             |
| <b>Lifecare Counseling</b><br><i>300 S. Jefferson, Spfld</i><br><i>301 Corporate Place, M (Branson)</i>          | 234-9023     | <b>Stress Management Center, The</b><br><i>2269 E Seminole, Spfld</i>                                               | 823-8308             |
| <b>Life Skills Counseling</b><br><i>1320 E Kingsley, Suite A</i>                                                 | 860-5113     | <b>Tri-County Psychological</b><br><i>541 W Hubble Dr, Marshfield</i>                                               | 859-7746             |
| <b>McAuley Counseling Services</b><br><i>2200 E Sunshine, Spfld</i>                                              | 823-0498     | <b>Tyne's Consulting</b><br><i>2021 S Waverly, Suite 700, Spfld</i>                                                 | 883-2725             |
| <b>Minirth-Skipper Counseling Clinic</b><br><i>3865 S Hillcrest, Spfld</i>                                       | 887-3822     | <b>Victim Center, The</b><br><i>819 N Boonville, Spfld</i>                                                          | 863-7273             |
| <b>Muehlberger, Patricia A., MS</b><br><i>1320 E Kingsley, Suite A, Spfld</i>                                    | 882-4110     | <b>Whitehead, Alwyn S., Jr., PsyD</b><br><i>1736 E Sunshine, #401, Spfld</i>                                        | 889-5700             |
| <b>Murrell Counseling Services, LLC</b><br><i>2200 E Sunshine, Ste, 312, Spfld</i>                               | 881-1580     |                                                                                                                     |                      |

## Eating Disorders Therapy

**Libby Bennett, PsyD** 877-7500  
3757 S Greystone Ct, Spfld

**Paula Sivils, LPC** 882-4110  
1320 E Kingsley, Suite A, Spfld

## Anger Management

**Forest Institute** 865-8943  
**Robert J Murney Clinic**  
1322 S Campbell, Spfld

**Lifecare Counseling** 234-9023  
300 S. Jefferson, Spfld  
301 Corporate Place, M (Branson)

**Ozark Counseling Center** 869-9011  
1550 E Battlefield, Spfld

**Recovery Outreach Services** 823-9691  
1925 E Bennett, Suite L, Spfld

## Sexual Addiction

**Collier, Charles** 885-2128  
1235 E Cherokee, Spfld

**Davidson, Hal** 877-7500  
3757 S Greystone Ct, Spfld

**Duncan, John** 831-7999  
604 S Pickwik Ave, Spfld

**Hamilton, Kris** 889-9267  
1740 S Glenstone, Spfld  
(self-pay only)

## Hospitals

**Citizens' Memorial Hospital** 417-326-6000  
1500 N Oakland, Bolivar

**Cox Medical Center** 417-235-3144  
801 N Lincoln Ave, Monett

**Cox Medical Center North** 269-3000  
Urgent Care & Psychiatric Units  
1423 N Jefferson, Spfld

**Cox Medical Center South** 269-6000  
3801 S National, Spfld

**Cox Medical Center Walnut Lawn** 269-9800  
3535 S National, Spfld

**Doctors Hospital** 837-4000  
2828 N National, Spfld

## Hospitals (con't)

**Lakeland Regional Hospital** 865-5581  
440 S Market, Spfld

**St. John's Regional Health Center** 820-2000  
1235 E Cherokee, Spfld

**Skaggs Community Health Center** 417-335-7000  
251 Skaggs Road, Branson

## Mental Retardation/ Developmental Disabilities

**Arc of the Ozarks** 864-7887  
Offers services for mentally disabled persons:  
home repairs, companionship, education and  
social activities

**Christian County Developmental Center** 725-4721  
Enables infants, children and adults to reach and  
maintain their maximum level of functioning and  
to ensure the greatest quality of life possible

**Developmental Center of the Ozarks** 831-1545  
Services for infants, children and adults with  
developmental disabilities of similar service needs

**Greene Valley State School for the Severely  
Handicapped** 895-6848  
Educational programs and transportation for  
severely handicapped children ages 5-21

**Learning Disabilities Association of MO** 864-5110  
Provides support to people with learning disabilities,  
their parents, teachers and other professionals.

**Nova Center of the Ozarks** 889-3121  
Provides ISL's and other services for the autistic

**Springfield Regional Center for  
Developmental Disabilities** 895-7400  
Serves individuals with developmental disabilities  
throughout Southwest Missouri as part of the  
Missouri Division of Mental Retardation and  
Developmental Disabilities

**Taney County Developmental Center** 417-334-1797  
Services, support and contacts for parents of  
children with Autism

## Related Services

### Employment/Vocational

**Lakes Country**  
Administration, 222 E Water St, Spfld 869-8911  
2626 W College Rd, Spfld 862-1753  
Vocational evaluation, job placement, supported  
employment, TBI & DHH, residential services  
skill training

| Related Services (con't):                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Related Services (con't):                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| <p><b><u>Employment/Vocational (con't)</u></b></p> <p><b>Missouri Career Center</b> 887-4343<br/> 1514 S Glenstone, Spfld<br/> www.greathires.org<br/> Help for people with job training and placement</p> <p><b>TRIO (MSU)</b> 836-6220<br/> Assistance with arrangements for tutoring or<br/> Special testing conditions—an outreach and<br/> Assistance program for students with<br/> disabilitites</p> <p><b>Vocational Rehabilitation</b> 895-5864<br/> North Office-613 E Kearney 895-5863<br/> South Office-1735 W Catalpa 895-5720<br/> Helps disabled people develop employment skills<br/> and obtain employment</p> <p><b><u>Financial</u></b></p> <p><b>Consumers' Credit Counseling</b> 889-7474<br/> Counsels persons in debt reduction, budgeting<br/> and bill paying</p> <p><b>Missouri Higher Education</b> 800-666-4352<br/> <b>Student Loan Authority</b><br/> Information and help with student loans</p> <p><b><u>Food/Shelter/Clothing</u></b></p> <p><b>Christian Foundation, Inc</b><br/> 420 S Campbell &amp; 2112 W Division, Spfld 831-5546<br/> 318 N Massey Blvd, Nixa 725-1346<br/> 102 E South St, Ozark 581-0759<br/> Programs include on-site evening meals,<br/> emergency assistance (clothing &amp; furniture)<br/> and overnight lodging for men if available</p> <p><b>Convoy of Hope</b> 823-8998<br/> 330 S Patterson, Spfld<br/> www.convoyofhope.org<br/> Partners with communities, providing a<br/> platform for touching lives and bringing<br/> hope to thousands of individuals and families</p> <p><b>Crosslines (Council of Churches of the Ozarks)</b> 869-0563<br/> 1710 E Chestnut Expy, Spfld<br/> Emergency food, clothing, occasional rent,<br/> disaster assistance, gas vouchers, city bus passes,<br/> prenatal vitamins with referral from WIC or<br/> Birthright, medications for children with Medicaid</p> <p><b>Fresh Start</b> 837-1550<br/> 426 E Blaine, Spfld<br/> Provides furniture and household items</p> <p><b>Habitat for Humanity of Springfield, Inc.</b> 869-3054<br/> 4535 W Chestnut Expy, Spfld<br/> www.habitat_of_springfield.org<br/> Housing construction for low-income people</p> | <p><b><u>Food/Shelter/Clothing (con't)</u></b></p> <p><b>Housing Assistance Program</b> 862-4314<br/> 215 S Barnes, Spfld Fax 864-3499<br/> www.oacac-caa.org<br/> Provides financial assistance to low-income renters</p> <p><b>Housing Authority of Springfield, (HAS)</b> 866-4329<br/> 421 W Madison, Spfld<br/> Oversees the rental of owned property and rental<br/> Assistance at reduced rates (Section 8)</p> <p><b>Kitchen, The</b> 837-1500<br/> 1630 N Jefferson Spfld<br/> Counseling, job counseling &amp; training, low<br/> cost of free shelter, adult basic &amp; remedial<br/> education classes, Family Nurturing Center,<br/> clothing/household good, transitional housing<br/> &amp; support, food pantry, emergency help including<br/> utilities &amp; rent &amp; medication assistance</p> <p><b>Grant House</b> 863-0244<br/> Halfway House/homeless shelter for women</p> <p><b>Least of These</b> 724-2500<br/> 149 Hwy CC, Nixa<br/> Food pantry and clothing bank for low-income<br/> Individuals in Christian County</p> <p><b>Missouri Hotel</b> 837-1540<br/> 420 Commercial, Spfld<br/> Provides counseling and shelter for the homeless</p> <p><b>Ozarks Area Community Action Corp</b> 862-4314<br/> <b>(OACAC)</b><br/> Assists qualifying individuals or families with<br/> housing, home winterization, energy crisis<br/> assistance, emergency food and shelter, Head Start,<br/> job training and employment</p> <p><b>Ozarks Food Harvest</b> 865-3411<br/> 615 S Glenstone, Spfld<br/> A clearinghouse to accept and distribute<br/> donated food items</p> <p><b>St Vincent DePaul Immaculate</b> 887-0600<br/> <b>Conception Church</b><br/> Food bank M &amp; Th (call ahead)</p> <p><b>Salvation Army</b> 862-5509<br/> 1700 W Chestnut Expy, Spfld<br/> Shelter, food, utility assistance, clothing, furniture,<br/> emergency rental assistance, and temporary housing<br/> for homeless families with children</p> <p><b>Southwest Center for Independent Living</b> 886-1188<br/> 2864 S Nettleton, Spfld<br/> www.swcil.org<br/> Helps disabled people live more independently<br/> by assisting in locating food, shelter, clothing<br/> and basic necessities</p> |

| Related Services (con't):                                                                                                                                                                                                                                                                                                                                                                                           |              |          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|----------|
| <b>Victory Mission</b>                                                                                                                                                                                                                                                                                                                                                                                              |              | 831-6387 |
| <i>200 W Commercial, Spfld<br/>Christian mission that provides people with emergency educational and residential services, including on-site meals, food baskets, single men only overnight shelter, clothing and household goods</i>                                                                                                                                                                               |              |          |
| <b><u>Government</u></b>                                                                                                                                                                                                                                                                                                                                                                                            |              |          |
| <b>CRISP (Court Reporting Intensive Supervision Program)</b>                                                                                                                                                                                                                                                                                                                                                        |              | 829-6159 |
| <b>Greene County Drug/Mental Health Court</b><br><i>Includes four tracks: drug court, intensive supervision court, mental health court and DWI court where eligible participants make regular court appearances, participate in treatment and support groups and meet regularly with an assigned probation officer to maximize each participant's potential and promote his/her success in completing probation</i> |              |          |
| <b>Division of Family Services</b>                                                                                                                                                                                                                                                                                                                                                                                  |              | 895-6000 |
| <i>101 Park Central Square, Spfld</i>                                                                                                                                                                                                                                                                                                                                                                               | Fax          | 895-6098 |
| <i>Offers a variety of services including financial services</i>                                                                                                                                                                                                                                                                                                                                                    |              |          |
| <b>Social Security Administration</b>                                                                                                                                                                                                                                                                                                                                                                               |              | 866-7210 |
| <i>1570 W Battlefield, Spfld<br/>Issues cards, provides forms, assists in filing claims and maintains all records on Social Security</i>                                                                                                                                                                                                                                                                            |              |          |
| <b>Springfield City Hall</b>                                                                                                                                                                                                                                                                                                                                                                                        |              | 864-1000 |
| <i>840 Boonville, Spfld<br/>Works with the community to provide ethical and responsible local government</i>                                                                                                                                                                                                                                                                                                        |              |          |
| <b>Springfield Police Department</b>                                                                                                                                                                                                                                                                                                                                                                                |              | 864-1810 |
| <i>321 E Chestnut Expy, Spfld<br/>Partnering with the community for quality police service and protection</i>                                                                                                                                                                                                                                                                                                       |              |          |
| <b><u>Legal Services</u></b>                                                                                                                                                                                                                                                                                                                                                                                        |              |          |
| <b>(CASP) Community Alternative Service Program</b>                                                                                                                                                                                                                                                                                                                                                                 |              | 865-9460 |
| <i>721 N Main, Spfld<br/>Provides homeless and youth with an alternative to incarceration</i>                                                                                                                                                                                                                                                                                                                       |              |          |
| <b>Legal Services of Southern Missouri</b>                                                                                                                                                                                                                                                                                                                                                                          |              | 881-0533 |
| <i>2822 S Meadowbrook, Spfld<br/>Provides legal aid for low income individuals</i>                                                                                                                                                                                                                                                                                                                                  |              |          |
| <b>Missouri Protection &amp; Advocacy Services</b>                                                                                                                                                                                                                                                                                                                                                                  | 800-392-8667 |          |
| <i>Nonprofit public interest law firm with federally funded programs to protect the legal rights of people with disabilities</i>                                                                                                                                                                                                                                                                                    |              |          |
| <b>Public Defender</b>                                                                                                                                                                                                                                                                                                                                                                                              |              | 895-6740 |
| <i>630 N Roberson, Spfld<br/>Provides free legal aid for criminal cases</i>                                                                                                                                                                                                                                                                                                                                         |              |          |

| Related Services (con't):                                                                                                                                                        |          |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|--|
| <b>Reynolds, Gold &amp; Grosser, PC (RGG Law)</b>                                                                                                                                | 864-4700 |  |
| <i>1240 E Independence, Suite 200, Spfld</i>                                                                                                                                     |          |  |
| <i>Social Security Disability/SSI</i>                                                                                                                                            |          |  |
| <b>Schmidt, Kirby &amp; Sullivan, PC</b>                                                                                                                                         | 882-2828 |  |
| <i>2838 S Ingram Mill Rd, Spfld</i>                                                                                                                                              |          |  |
| <i>Social Security Disability Law</i>                                                                                                                                            |          |  |
| <b><u>Medical Health</u></b>                                                                                                                                                     |          |  |
| <b>Community Hospice of Southwest Missouri</b>                                                                                                                                   | 882-0453 |  |
| <i>1465 E Primrose, Spfld</i>                                                                                                                                                    |          |  |
| <i>Offers dignified and compassionate end-of-life pain and symptom management under the direction of a physician</i>                                                             |          |  |
| <b>Greene County Medical Society</b>                                                                                                                                             | 887-1017 |  |
| <i>1200 E Woodhurst Dr., Spfld</i>                                                                                                                                               |          |  |
| <i>Advocacy for patients in matters of health care, assuring the members of our community access to quality medical services</i>                                                 |          |  |
| <b>Kitchen Medical and Dental Clinic, The</b>                                                                                                                                    | 837-1504 |  |
| <i>Provides free medical and dental care for people low income, no health insurance and no other resources to help with their medical needs</i>                                  |          |  |
| <b>St John's Home Care</b>                                                                                                                                                       | 866-4374 |  |
| <i>531 S Union, Spfld</i>                                                                                                                                                        |          |  |
| <i>Provides home health care, private duty nursing, rehabilitation, home infusion, hospice care</i>                                                                              |          |  |
| <b>Springfield Association for the Blind</b>                                                                                                                                     | 869-1572 |  |
| <i>1600 N Washington, Spfld</i>                                                                                                                                                  |          |  |
| <i>Helps people who have lost or are losing their sight</i>                                                                                                                      |          |  |
| <b>Springfield-Greene County Health Department</b>                                                                                                                               | 864-1658 |  |
| <i>227 E Chestnut, Spfld</i>                                                                                                                                                     |          |  |
| <i>Helps assure a healthy community through continuous protection, prevention and promotion of the public's health and provides STD/AIDS information, testing and counseling</i> |          |  |
| <b><u>Veterans</u></b>                                                                                                                                                           |          |  |
| <b>Veterans' Center</b>                                                                                                                                                          | 864-7111 |  |
| <i>911 N Boonville, Spfld</i>                                                                                                                                                    |          |  |
| <b>Veterans' Commission</b>                                                                                                                                                      | 895-6532 |  |
| <i>149 Park Central Square, Spfld</i>                                                                                                                                            |          |  |
| Support Groups                                                                                                                                                                   |          |  |
| <b><u>Alcohol Addiction</u></b>                                                                                                                                                  |          |  |
| <b>Al-Anon</b>                                                                                                                                                                   | 885-9114 |  |
| <i>For parents of alcoholic children and family members</i>                                                                                                                      |          |  |

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| Support Groups |  |
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|                                                                                                                                 |                 |
|---------------------------------------------------------------------------------------------------------------------------------|-----------------|
| <p><b><u>Alcohol Addiction</u></b></p> <p><b>Al-Anon</b></p> <p><i>For parents of alcoholic children and family members</i></p> | <p>885-9114</p> |
|---------------------------------------------------------------------------------------------------------------------------------|-----------------|

## Support Groups (con't)

### Medical

|                                                                                                                                        |                          |
|----------------------------------------------------------------------------------------------------------------------------------------|--------------------------|
| <b>AIDS Project of the Ozarks</b><br><i>HIV support for individuals and their families</i>                                             | 881-1900                 |
| <b>Awake Support Group</b><br><i>Support and education for those with sleep disorders</i>                                              | 269-5575                 |
| <b>Brain Injury</b><br><i>Support group for brain injury patients and their families</i>                                               | 865-4295                 |
| <b>Diabetes Support Group Type II</b><br><i>Support for patients with Type II Diabetes. Families are welcomed</i>                      | 890-4100                 |
| <b>Hepatitis C Support</b><br><i>Support for those living with Hepatitis C</i>                                                         | 883-3423                 |
| <b>Multiple Sclerosis Support Group</b><br><i>Several groups for people with MS<br/>Family and friends are welcomed</i>                | 882-8128<br>800-745-4148 |
| <b>Muscular Dystrophy Support Group</b><br><i>For families and caregivers with Muscular Dystrophy and other neuromuscular diseases</i> | 831-2533                 |
| <b>Organ Transplant Support Group</b><br><i>Support for those with organ transplants</i>                                               | 886-0747                 |

### Cancer

|                                                                                                          |          |
|----------------------------------------------------------------------------------------------------------|----------|
| <b>Breast Cancer Support Group</b><br><i>Information and support for patients, families, and friends</i> | 820-2565 |
| <b>GYN Cancer</b><br><i>Support and information for those affected by gynecological cancers</i>          | 869-2220 |

### Mental Health

|                                                                                                                                                       |          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| <b>Arc of the Ozarks</b><br><i>Offers services for mentally disabled persons: home repairs, companionship, education and social activities</i>        | 864-7887 |
| <b>Alzheimer's Association, SW MO Chapter</b><br><i>Support for family and friends of persons suffering from Alzheimer's Disease</i>                  | 886-2199 |
| <b>Autism Project Access</b><br><i>Support and education for parents and loved ones of those affected by autism<br/>www.missouri.state.edu/access</i> | 836-6755 |
| <b>Bipolar Group (NAMI)</b><br><i>Support and education for those affected by Bipolar (manic-depression)</i>                                          | 864-7119 |
| <b>Depression Support Group (NAMI)</b><br><i>Support and education for those affected by Depression</i>                                               | 864-7119 |

## Support Groups (con't)

### Mental Health (con't)

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|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|
| <b>Dual Diagnosis (NAMI)</b><br><i>Support for individuals with a mental illness and a substance abuse</i>                                                                                                            | 864-7119                             |
| <b>Family Bridges</b><br><i>309 N Jefferson, Suite 163, Spfld after hours<br/>Family-run support and advocacy toll free<br/>group for families affected by children with social emotional or behavioral disorders</i> | 863-1605<br>872-9594<br>877-963-6900 |
| <b>Family to Family (NAMI)</b><br><i>Support and education for families and loved ones of those affected by mental illness</i>                                                                                        | 864-7119                             |
| <b>Family Support Group (NAMI Branson)</b><br><i>Support and education for families and loved ones of those affected by mental illness</i>                                                                            | 417-339-4193                         |
| <b>Mental Health Inst. Info Line</b><br><i>Information for those who are affected by anxiety disorders</i>                                                                                                            | 888-826-9438                         |
| <b>NAMI Connection (NAMI)</b><br><i>Consumers Empowerment and Support group for education and understanding for anyone affected by mental illness</i>                                                                 | 864-7119                             |
| <b>Panic/Anxiety and OCD Support (NAMI)</b><br><i>Support for those affected by panic, anxiety, and obsessive compulsive disorders</i>                                                                                | 864-7119                             |
| <b>Poetry for Growing and Healing (NAMI)</b><br><i>Uses reading and writing poetry, prose and journaling to explore the inner self.</i>                                                                               | 864-7119                             |
| <b>Post Traumatic Stress Disorder (NAMI)</b><br><i>Support and education for individuals with PTSD</i>                                                                                                                | 864-7119                             |
| <b>Procovery Circle (NAMI)</b><br><i>Focuses on what people with mental illnesses can do to take action and to move forward with their lives</i>                                                                      | 864-7119                             |
| <b>Schizophrenia/Schizoaffective Support Group (NAMI)</b><br><i>Support and education for individuals with schizophrenia and/or schizoaffective disorders.</i>                                                        | 864-7119                             |
| <b>Warm Line (NAMI)</b><br><i>A dedicated peer support phone line for people with mental illness. The warm line is open from 4 p.m. until 10 p.m. seven days a week.</i>                                              | 864-3037<br>877-535-4357             |
| <b>Women's Support Group (NAMI)</b><br><i>Support for education for women affected by any type of mental illness</i>                                                                                                  | 864-7119                             |

| Support Groups (con't)                                                                                                                                                        |                                           | Support Groups (con't)                                                                                                                                                                                        |                  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| <b><u>Alcohol Addiction (con't)</u></b>                                                                                                                                       |                                           | <b>Victim Center, The</b>                                                                                                                                                                                     | 863-7273         |
| <b>Alateen</b>                                                                                                                                                                | 885-9114                                  | <i>Non-profit serving men/women, victims of sexual crimes</i>                                                                                                                                                 |                  |
| <i>For teen alcoholics</i>                                                                                                                                                    |                                           | <b>Victory House</b>                                                                                                                                                                                          | 882-2540         |
| <b>Alcoholics Anonymous</b>                                                                                                                                                   | 823-7125                                  | <i>Services for women and children, halfway house</i>                                                                                                                                                         |                  |
| <i>For alcoholics</i>                                                                                                                                                         |                                           | <b><u>Families</u></b>                                                                                                                                                                                        |                  |
| <b>Detach with Love</b>                                                                                                                                                       | 889-1463                                  | <b>Breastfeeding Support Group</b>                                                                                                                                                                            | 886-5239         |
| <i>Al-Anon, adult children of alcoholics</i>                                                                                                                                  |                                           | <i>Meets first Wednesday at 7 pm in the Women's Center</i>                                                                                                                                                    |                  |
| <b><u>Drug Addiction</u></b>                                                                                                                                                  |                                           | <b>Children with Learning Disabilities</b>                                                                                                                                                                    | 882-2008         |
| <b>Dual Diagnosis (NAMI)</b>                                                                                                                                                  | 864-7119                                  | <i>For families with children affected by learning disabilities</i>                                                                                                                                           |                  |
| <i>Support group for persons with a mental illness and substance abuse</i>                                                                                                    |                                           | <b>Family Bridges</b>                                                                                                                                                                                         | 863-1605         |
| <b>Narcotics Anonymous</b>                                                                                                                                                    | 866-7392                                  | <i>309 N Jefferson, Suite 163, Spfld after hours</i>                                                                                                                                                          | 872-9594         |
| <i>Support for recovering drug addicts who meet to help each other stay clean</i>                                                                                             |                                           | <i>Family-run support and advocacy toll free</i>                                                                                                                                                              | 877-963-6900     |
| <b><u>Grief and Loss</u></b>                                                                                                                                                  |                                           | <i>group for families affected by children with social emotional or behavioral disorders</i>                                                                                                                  |                  |
| <b>Compassionate Friends</b>                                                                                                                                                  | 887-7089                                  | <b>Family to Family (NAMI)</b>                                                                                                                                                                                | 864-7119         |
| <i>For parents who have experienced the death of a child (any age) including miscarriage, stillbirth, or infant death</i>                                                     |                                           | <i>Support and education for families and loved ones of those affected by mental illness</i>                                                                                                                  |                  |
| <b>Grief Empowerment</b>                                                                                                                                                      | 889-1518                                  | <b>Family Support Group (NAMI Branson)</b>                                                                                                                                                                    | 417-334-5642     |
| <i>Support Network for the bereaved</i>                                                                                                                                       |                                           | <i>Support and education for families and loved ones of those affected by mental illness</i>                                                                                                                  |                  |
| <b>Lost and Found</b>                                                                                                                                                         | 865-9998                                  | <b>Missing Link</b>                                                                                                                                                                                           | 800-555-7037     |
| <i>Loving support in a safe place where children, teens, and their families who are grieving a death can share their experiences as they move through the healing process</i> |                                           | <i>Support and advocacy for families of the missing</i>                                                                                                                                                       |                  |
| <b>SIDS</b>                                                                                                                                                                   | 866-8471                                  | <b>MPACT (Missouri Parents Act)</b>                                                                                                                                                                           | 877-588-5644     |
| <i>Support group for those who have been affected by Sudden Infant Death Syndrome</i>                                                                                         |                                           | <i>Support and information for parents of ADHD children and for adults with ADHD</i>                                                                                                                          | Fax 816-531-4777 |
| <b><u>Caregivers</u></b>                                                                                                                                                      |                                           | <b>Springfield Marriage and Family Inst</b>                                                                                                                                                                   | 882-6767         |
| <b>Caregivers of Older Adults</b>                                                                                                                                             | 883-7500                                  | <i>Provides marriage enrichment counseling, couples therapy and support groups</i>                                                                                                                            |                  |
| <i>Oxford Health Care</i>                                                                                                                                                     |                                           | <b>Spfld Special Ed Parent/Teacher Assoc.</b>                                                                                                                                                                 | 882-4063         |
| <i>Information and support for those involved with care giving for older adults</i>                                                                                           |                                           | <i>www.springfieldsepta.org</i>                                                                                                                                                                               |                  |
| <b>Family to Family Support Group (NAMI)</b>                                                                                                                                  | 864-7119                                  | <b><u>Disability</u></b>                                                                                                                                                                                      |                  |
| <i>Education and support for relatives and close friends of those with mental illnesses</i>                                                                                   |                                           | <b>Disability Advocacy and Support Network</b>                                                                                                                                                                | 895-7468         |
| <b>Division of Family Services</b>                                                                                                                                            | 895-6000                                  | <i>Emotional support, information and respite care for parents of children with developmental disabilities; more experienced parents are matched with "new parents" of children with similar disabilities</i> |                  |
| <i>Provides financial assistance programs, social and protective services for families</i>                                                                                    |                                           | <b>Disability Connections</b>                                                                                                                                                                                 | 895-7464         |
| <b><u>Family Violence and Sexual Assault</u></b>                                                                                                                              |                                           | <i>Information on disability, parent training and Mentoring</i>                                                                                                                                               |                  |
| <b>Family Violence Center</b>                                                                                                                                                 | 837-7700                                  | <b>Springfield Regional Center for Developmental Disabilities</b>                                                                                                                                             | 895-7400         |
| <i>Support for battered women, shelter, case management, outreach</i>                                                                                                         | Crisis 864-7233<br>Toll Free 800-831-6863 | <i>Coordination of services for clients with mental retardation and developmental disabilities</i>                                                                                                            |                  |
| <b>Missouri Division of Children and Youth Services</b>                                                                                                                       | 895-6485                                  |                                                                                                                                                                                                               |                  |
| <i>Rehabilitates youthful offenders, brief family therapy offered</i>                                                                                                         |                                           |                                                                                                                                                                                                               |                  |

## Halfway Houses/ Homeless Shelters

|                                                                                                 |                                              |
|-------------------------------------------------------------------------------------------------|----------------------------------------------|
| <b>Alpha House</b> (State)<br>2300 E. Division, Spfld                                           | 831-3033                                     |
| <b>Bill's Place</b><br>424 E Commercial, Spfld<br>Drop in center for homeless, mentally ill     | 269-0437                                     |
| <b>LaFayette House</b> (Women)<br>PO Box 1765, Joplin                                           | 417-782-1772                                 |
| <b>Larry Simmering Recovery House</b><br>360 Rinehart, Branson                                  | 417-335-5946                                 |
| <b>Missouri Hotel</b><br>420 E Commercial, Spfld                                                | 837-1540<br>837-1500                         |
| <b>Missouri Adult Rehabilitation Center</b><br>600 N. Main, Mt. Vernon                          | 417-466-3711                                 |
| <b>Oxford House</b><br>1674 S. Catalina, Spfld<br>2555 N Grant<br>1558 W Cherokee<br>805 E Dale | 887-7783<br>863-0244<br>866-1183<br>866-1126 |
| <b>Royal Oaks</b> (Adult/ Adolescent/<br>Pre-Adolescent)<br>307 N. Main, Windsor                | 800-456-2634                                 |
| <b>Scott Greening Center</b> (Adolescent)<br>1315 E. 20th, Joplin                               | 417-623-1990                                 |
| <b>START</b> (Transitions)<br>323 E. Grand, Spfld                                               | 269-7300                                     |
| <b>Teen Challenge of the Ozarks</b><br>(age 17 & up)<br>Rt. 6 PO Box 621, Reeds Spring          | 417-272-3784                                 |
| <b>Victory Mission</b><br>203 W. Commercial, Spfld                                              | 831-6387                                     |

## Assisted Living (con't)

|                                                                                                                 |                                      |
|-----------------------------------------------------------------------------------------------------------------|--------------------------------------|
| <b>Century Pines</b><br>709 E McCracken, Ozark                                                                  | 581-7278                             |
| <b>Chesterfield Village</b><br>2410 W. Chesterfield Blvd, Spfld                                                 | 886-4000                             |
| <b>Culpepper Place</b><br>3540 E Cherokee, Spfld<br>2410 W Chesterfield Blvd, Spfld<br>5351 Gretna Rd., Branson | 889-2222<br>886-4000<br>417-334-3336 |
| <b>Gardens, The</b><br>1302 W. Sunset, Spfld                                                                    | 889-7600                             |
| <b>Joy Assisted Living</b><br>2030 W. Mt. Vernon, Spfld                                                         | 864-8805                             |
| <b>Manor Care Health Services</b><br>2915 S. Fremont, Spfld                                                     | 883-4022                             |
| <b>Oxford Health Care</b><br>3660 S National., Spfld<br>1550 E Sunshine, Spfld                                  | 883-7500                             |
| <b>START</b> (Transitions)<br>323 E Grand, Spfld                                                                | 269-7300                             |
| <b>Waterford Senior Living</b><br>1131 E. Lakewood, 65810                                                       | 881-5088                             |

## Non-Profit Organizations

|                                                                                                                                                                                                                                                     |          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| <b>American Red Cross, Greater Ozarks Chapter</b><br>Provides relief to victims of disaster, military emergency communication, health and safety courses in first aid, CPR, AIDS education and water safety.                                        | 832-9500 |
| <b>Arc of the Ozarks</b><br>Provides an array of programs and services to persons with disabilities, designed to meet residential, employment respite advocacy, recreational, social and educational needs                                          | 864-7887 |
| <b>Big Brothers/Big Sisters of the Ozarks</b><br>Matches dependable, caring adult volunteers with at-risk children for role-modeling, friendship and tutoring.                                                                                      | 889-9136 |
| <b>Boys &amp; Girls Clubs of Springfield</b><br>Focuses on building leadership skills and self-esteem, offering supervised recreational and athletic activities, learning centers, substance abuse prevention programs, career counseling and more. | 862-9249 |

## Assisted Living

|                                                                        |          |
|------------------------------------------------------------------------|----------|
| <b>Americare</b><br><b>Bradford Court of Nixa</b><br>902 N. Main, Nixa | 725-0177 |
| <b>Lakewood of Springfield</b><br>4685 S Robertson, Spfld              | 881-1411 |
| <b>North Park Village of Ozark</b><br>4449 N Hwy NN, Ozark             | 581-3200 |
| <b>Ravenwood of Springfield</b><br>1950 E. Republic Rd, Spfld          | 890-6000 |
| <b>Spring Ridge of Springfield</b><br>2828 S. Meadowbrook, Spfld       | 889-7100 |

## Non-Profit Organizations (con't)

**Boy Scouts of America, Ozarks Trails Council** 883-1636  
*Provides value-based education and character-building activities to develop self-esteem, self-confidence and mental, physical and spiritual fitness among youth.*

**Child Advocacy Center** 831-2327  
*Provides a child-friendly environment which offers objective forensic interviews and sensitive medical exams for alleged victims of child abuse.*

**Community Partnership of the Ozarks (CPO)** 888-2020  
*Facilitates and promotes community problem-solving by coordinating and developing all available resources for the betterment of the community.*

**Court Appointed Special Advocates (CASA)** 875-7413  
*Volunteers work to see that children in foster care receive a safe, permanent home as quickly as possible instead of lingering in the system.*

**Developmental Center of the Ozarks (DCO)** 831-1545  
*Provides a wide range of educational and therapeutic services to infants, children and adults with developmental disabilities.*

**Easter Seal Society** 882-6500  
*Helps people with disabilities achieve maximum independence.*

**Family Violence Center** 837-7700  
*Offers temporary shelter and services to victims of domestic violence. Referral services, crisis intervention, counseling, support groups, children's program, victim advocacy and more.*

**Gay and Lesbian Community Center of the Ozarks (GLO)** 869-3978  
*Supports the well-being of gay, lesbian, bisexual and transgender (GLBT) persons in the greater Springfield, Missouri region by organizing and sponsoring community activities and by increasing public understanding and appreciation of GLBT citizens.*

**Girl Scouts of Dog Wood Trails Council** 862-0004  
*Offers programs for girls ages 5-17 help develop their fullest potential and become competent, resourceful adults. Girl Scouts...Where girls grow strong.*

**Habitat for Humanity** 869-3054  
*Works with low-income families to eliminate sub-standard housing using volunteers who build simple decent, affordable homes. Families contribute "sweat equity" and buy the homes with Habitat no-interest, non-profit loans.*

**Kitchen Medical and Dental Clinic, The** 837-1504  
*Provides free medical and dental care for people low income, no health insurance and no other resources to help with their medical needs.*

## Non-Profit Organizations (con't)

**Lutheran Family and Children's Services** 862-1972  
*Provides services to birth parents experiencing pregnancies or having difficulty parenting. Offers licensed foster care for infants and children awaiting adoptive placement and provides comprehensive adoption services.*

**March of Dimes, Ozarks Division** 889-9397  
*Helps to improve the health of babies by preventing birth defects and infant mortality through research, advocacy and community programs.*

**National Alliance on Mental Illness (NAMI)** 864-7119  
*Is committed to improving the lives of people affected by mental illness, both persons with these brain disorders and their families. Provides programs, information, support, advocacy, education services as well as referrals and community outreach.*

**Ozarks Counseling Center** 869-9011  
*Provides individual, couples and family counseling for adults, teens and children. Fees are based on a sliding scale.*

**Ozarks Literacy Council** 886-5499  
*Volunteers tutor different populations, one-on-one and in small groups: low-level and non-reading native-English adult speakers in reading and writing in English, survival skills, parents and toddlers in family literacy programs and school-age children through America Reads.*

**Retired and Senior Volunteer Program (RSVP)** 862-3595  
*Gives senior adults, ages 55+ opportunities to use their skills and resources in volunteer services meeting critical community needs for the non-profit and public agencies of the community.*

**Salvation Army** 862-5509  
*Works with individuals and families in need of emergency assistance such as shelter, housing, utilities, rent, food, clothing and furniture. Provides an after-school recreational program, summer day camp program, senior programs and disaster relief assistance.*

**Special Olympics Missouri, Southwest Area** 887-7766  
*Funds are designated for athletic programs for children and adults with developmental disabilities. Programs are designed to build self-esteem, confidence and life skills through sports activities.*

**Springfield Association for the Blind** 869-1572  
*Provides services for the legally blind and visually impaired, including support, information about specialized equipment, a full-service library, Braille lessons, instruction on independent living skills and social and educational activities.*

## Non-Profit Organizations (con't)

### **Springfield Family YMCA**

*Provides before and after school child care programs for children, scholarships for low-income families and individuals of all ages, comprehensive health, fitness, aquatics, youth sports, camping and educational programs for all.*

Ward Branch 862-7456  
Jones Branch 881-1599

### **Underprivileged School Children's Fund** 864-3833

*Provides at-risk children in Springfield Public Schools with medical services, clothing and shoes. Nursery services and parenting classes are provided for teen parents enrolled in the Bailey Alternative High School program.*

### **United Services Organization (USO)** 202-610-5700

*Provides services to military families.*

### **United Way of the Ozarks** 863-7700

*Provides funding to 28 local human service agencies that focus on direct services and problem prevention programs.*

### **The Victim Center** 864-7233

*Provides crisis intervention, counseling and advocacy for victims of sexual assault, sexual abuse, armed robbery, aggravated assault and survivors of homicide attempts or DWI. Prevention programs are available for schools and the community.*

Hotline 863-7273

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Springfield, MO 65807

OR FAX to: (417) 864-5011

Name of Group or Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

FAX: \_\_\_\_\_ E-Mail \_\_\_\_\_

Contact Name: \_\_\_\_\_ Title: \_\_\_\_\_

Brief Description: \_\_\_\_\_

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