## CAREER RESEARCHING GUIDE

Take a variety of career assessments to identify careers that match your interests, values, aptitudes and personality preferences. <u>Our staff recommends beginning with the comprehensive career assessment, FOCUS 2</u>, which can be accessed from the OTC website (<a href="http://www.otc.edu/17353.php">http://www.otc.edu/17353.php</a>). OTC's Counseling Services department offers career counseling services free-of-charge for members of the OTC community. Career counseling can include the following: 1) career assessment; 2) thorough review of assessment results; 3) discussion of career researching techniques; and, 4) exploration of effective career decision-making methods. All of our services are provided in a private setting by our staff of counseling professionals. You may also want to check out the following sites for a variety of on-line career and personality assessments:

-Keirsey Temperament Sorter <a href="http://keirsey.com/">http://keirsey.com/</a>

-Career Interest Game http://career.missouri.edu/students/majors-careers/skills-interests/career-interest-game/

-Personal DNA http://www.personaldna.com

-iSEEK Skills Assessment http://www.iseek.org/careers/skillsAssessment

- 2. Develop a list of careers that you would like to learn more about. If you have taken OTC's FOCUS 2, there will be numerous careers that have been identified for you based on your personal test results. FOCUS 2 will give you the opportunity to electronically save these careers for further exploration. If you take additional career assessments, write down **every** career about which you would like to learn more and add these careers to the ones you have saved inside FOCUS 2.
- 3. Research your saved careers OBJECTIVELY. The following on-line resources are exceptional.
  - MERIC (Missouri Economic Research and Information Center) <a href="http://www.missourieconomy.org">http://www.missourieconomy.org</a>
  - O'NET OnLine http://online.onetcenter.org/
  - Bureau of Labor Statistics Publications <a href="http://www.bls.gov/opub/home.htm">http://www.bls.gov/opub/home.htm</a> (This site is also home to the Occupational Outlook Handbook <a href="http://www.bls.gov/oco/home.htm">http://www.bls.gov/oco/home.htm</a>)
  - COIN Career Library (For information on careers, scholarships, and colleges). This program is available to OTC students.
     Please login to MyOTC and click on the RESOURCES tab. Scroll down to the Career Library link and click!
  - Vocational Information Center <u>www.khake.com</u> (Explore vocational/technical careers)
  - www.ehow.com/careers
  - College Catalogs (look at course requirements, course summaries, transfer information. College catalogs can be
    accessed through the Internet). <u>Don't forget that Transfer Advisors from Missouri State and Drury University are available
    to answer your questions about their programs. Please visit our transfer advising web pages for details:
    <a href="http://www.otc.edu/advising/transfer-resources.php">http://www.otc.edu/advising/transfer-resources.php</a>
    </u>
- 4. Research your saved careers SUBJECTIVELY.
  - Take classes related to your field(s) of interest. These might be credit or non-credit courses.
  - Speak to people who work in your field(s) of interest.
  - Speak to instructors about their programs.
  - Visit OTC's Career Employment Services to: research job descriptions, current wages, and the future outlook; review job
    listings from local employers; access hundreds of job openings on the Internet; receive help in writing a resume or filling
    out a job application. Call their office to set up an appointment: 417-447-6964 or visit their website for additional jobsearch resources at http://www.otc.edu/employment/careerservices.php.
  - Job Shadow/Volunteer

Additional resources for career, college major and education exploration

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WHAT ARE YOU WORTH?	COLLEGE BOARD CAREER SEARCH
http://www.salary.com/	http://www.collegeboard.com/html/careerbrowser.html
AMERICA'S JOB BANK	CAREERS.ORG (4,000 links to jobs, ed. info. & career svcs.)
http://www.jobbankinfo.org/	http://www.careers.org
CAREER ADVICE (articles & career search tips)	USA TODAY JOB CENTER (w/salary/cost of living wizard, job
http://www.careerjournal.com	search/placement info)
	http://usatoday.com/money/jobcenter/front.htm
WORLD WIDE LEARN (online directory of Education)	NAT'L ASSOCIATION OF COLLEGES & EMPLOYERS
http://www.worldwidelearn.com	http://www.naceweb.org
PETERSON'S (college searches,test prep & Fin. Aid)	ADVANCING WOMEN CAREER CENTER
http://www.petersons.com/	http://www.advancingwomen.com/awcareer.html
STATE JOBS (links to all 50 states' government jobs)	THE RILEY GUIDE (career choice website)
http://www.statejobs.com	http://www.rileyguide.com/prepare.html
CAREER CHOICE/SUCCESS AND MUCH MORE	ONESTOP COACH
http://www.princetonreview.com/careers-after-	http://www.careeronestop.org
college.aspx?uidbadge=%07	
US NEWS' CAREER CENTER	JOB HUNT
http://www.usnews.com/career	http://www.job-hunt.org
THE VAULT	SALARY CALCULATOR (relocation/cost of living comparison)
http://www.vault.com/index.jsp	http://www.homefair.com/
JOBSTAR CENTRAL - CAREER GUIDES INDEX	EMPLOYMENTGUIDE.COM (career links and advice)
http://jobstar.org	http://www.employmentguide.com/careerservices.html
OTC's Career Coach	About.com: (from career asses. to job info-comprehensive!)
http://otc.emsicareercoach.com/ccindex.php	http://about.com/careers/

OTC's Counseling Services 417-447-6974 http://www.otc.edu/currentstudents/counselingservices.php 10/27/11 jrt